



## PB & J ~ Following Directions

Here is a fun activity to try with a partner or small group. Give exact directions to make a peanut butter and jelly (PB & J) sandwich. You will need paper and pen/pencil to write the instructions.

### Ingredients/materials needed:

loaf of bread (enough slices for each person making a sandwich)

peanut butter

jam or jelly

plate

knife

spoon



### STEP ONE:

Everyone doing this activity needs to read/hear the following directions (without additional explanation or information):

**Directions:** On a piece of paper, write out the exact directions needed to make a peanut butter and jelly/jam sandwich with the ingredients and materials listed above. Include every step you can think of and leave absolutely nothing out!

### STEP TWO:

Choose one person at a time to read/give directions and another to follow them to make a PB & J sandwich.

**Directions:** One person reads his/her directions while the other follows exactly what is instructed. The person making the sandwich can only do things that are instructed in the directions (i.e. undo the twist-tie on the loaf of bread, pick up the knife, spread the jelly, etc.). See how far the person can get making a sandwich without needing further directions from the person giving them! Watch to see how the sandwich turns out! Let someone else try reading their instructions.

### STEP THREE:

Discuss together the importance of clear/exact directions and how things can turn out when steps are missing! Now that everyone knows how much detail is needed to complete the activity, try to rewrite the instructions to prepare a peanut butter and jelly sandwich...only this time try to leave absolutely nothing out! Repeat STEP TWO and see how you do this time!